

What is claimed is:

1. A method of accessorizing body and hair comprising:
 - separating a first roll of material into a strip, wherein the material includes a first and a second side, and the strip includes a first end and a second end;
 - 5 wrapping the strip around one of strands of hair and a body part; and
 - engaging the first and second ends of the strip to secure the strip on one of the strands of hair and the body part.
2. The method of claim 1, further including stretching the strip into tension.
3. The method of claim 1, further including at least partially unrolling the roll of 10 material.
4. The method of claim 1, further including cutting at least one manipulative piece from a second roll of material, wherein the second roll differs in color from the first roll.
5. The method of claim 4, further including placing the manipulative piece onto 15 the strip of the first roll.
6. A device for body and hair accessorizing comprising:
 - a first roll of material that is separable into at least one strip, wherein the material includes a first and a second side, and the strip includes a first end and a second end; and
 - an adhesive disposed on at least one side of the material,
- 20 wherein the strip is adapted to surround one of a body part and strands of hair, such that the first and second ends of the strip engage to secure the strip to the one of a body part and strands of hair.
7. The device for body and hair accessorizing of claim 6, wherein the adhesive is disposed on the first and second sides of the material.
- 25 8. The device for body and hair accessorizing of claim 6, wherein the adhesive is integral to the material.

9. The device for body and hair accessorizing of claim 6, wherein the material is perforated.

10. The device for body and hair accessorizing of claim 6, wherein the material is constructed from a rubber latex material.

5 11. The device for body and hair accessorizing of claim 6, further including shapes created from a second roll of material, wherein the second roll differs in color from the first roll.

12. The device for body and hair accessorizing of claim 6, wherein the first and second ends of the strip are engaged using self-adhesive properties of the material.

10 13. The device for body and hair accessorizing of claim 6, wherein the first and second ends of the strip are engaged using a fastener disposed on the first and second ends of the strip.

14. A device for body and hair accessorizing comprising:

15 a first roll of self-adhesive perforated rubber material that is separable into at least one strip, wherein the material includes a first and a second side, and the strip includes a first end and a second end; and

a second roll of self-adhesive perforated rubber material that is cutable into at least one manipulative piece, wherein the material includes a first and a second side,

20 wherein the strip is adapted to surround one of a body part and strands of hair, such that the first and second ends of the strip engaged to secure the strip to the one of a body part and strands of hair, and wherein the manipulative piece is adapted secure to the strip by virtue of the self-adhesiveness of the material.

15. The device for body and hair accessorizing of claim 14, wherein the first and the second rolls differ in color.